

2 Free Fun Taster Sessions for Women

Are you are interested exercise? If so then here is an oppoosite for you we have 2 free tester sessions on

Friday 10 June 12 - 1 pm

Friday 17 June 12 - 1 pm

Please wear loose and comfortable clothing

It will be women only with a woman instructor

Female instructor - Janet Jackson

If you are interested please

Call us to book

0121 326 8343

Northleigh Rd, Ward End, Birmingham B8 2DH

