

SAFER GAMING

TOP TIPS FOR PARENTS AND CARERS



1

Encourage your child to enjoy both online and offline activities. **Remind them to take breaks for a healthy lifestyle.**

2

Get your child involved in talking about the PEGI age rating system and how it can shape their gaming choices. **Check out www.pegi.info for games suitable for their age.**

3

Create a kind and caring online environment for your child. **Discuss the importance of being respectful to others, both online and offline.**

4

Help your child understand the importance of keeping personal information safe and using strong passwords. **Have fun chats about staying safe online and why privacy matters.**

5

Keep up with what they're doing while gaming to make sure they're safe online. **Have a chat about in-game items like microtransactions and loot boxes.**

6

Encourage them to speak up about anything worrying online and support them in staying safe. **Show your child how to use the reporting features on their games.**

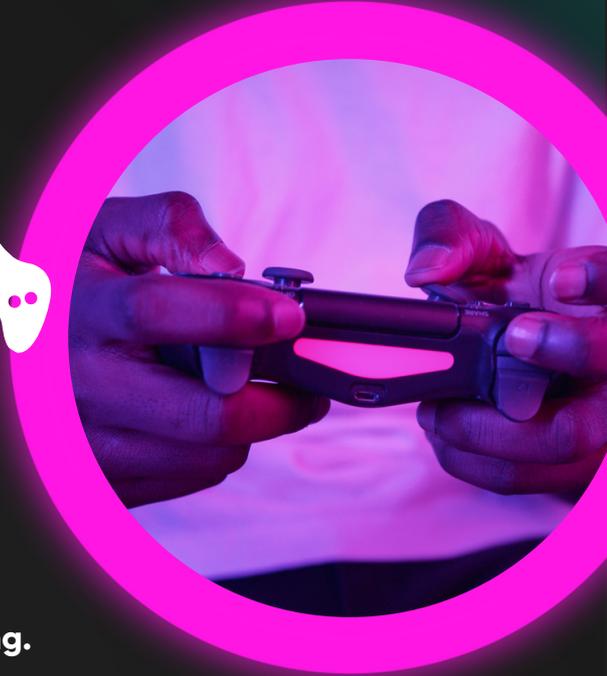


Learn more and register for a free awareness session at parents.ygam.org



SAFER GAMING

TOP TIPS FOR CHILDREN AND YOUNG PEOPLE



1

Have a healthy balance between your online and offline activities. Remember to **take breaks** for your well-being.

2

Stay informed about the content you interact with. Think about the **PEGI age rating** for a game and choose games that are suitable for your age and any other children in your family.

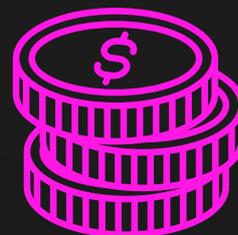
3

Be kind and considerate when online. Think about how **your words can affect others**, whether online or offline.



4

Protect your personal information online. Use **strong passwords** and **don't share personal information**.



5

Think about your choices when playing games. Stop and **think before you buy things in games**.

6

Know how to report any issues online. Use the **reporting tools** available and **seek help from a trusted adult or friend**.



How do you balance your gaming with your other interests?

Talk to your friends about it.

